

# Employee Wellness

## Policy/Procedure

All employees are strongly encouraged to participate in the campus wellness offerings to support the college's commitment to positive health and wellbeing. While many wellness events do not occur during normal working hours, some activities may conflict with an office's hours of operation. If this occurs, employees should receive approval from their immediate supervisor and make the necessary arrangements to ensure proper coverage.

## Related Information

## History/Revision Information

**Responsible Division/Office:** Human Resource Services

**Effective Date:** July 1 2014

**Last Amended Date:**

**Next Review Date:**

**Also Found In:**